

| Club | Name | Date | Track Events | | Field Events | | | |
|------|---------------------|----------|--------------|------------|---------------|---------------|--------------|-----------|
| | | | 4 Lap Race | 2 Lap Race | St. Long Jump | Vertical Jump | Speed Bounce | Shot Putt |
| B&R | Sophie Spragg | 16/10/16 | | 26.1 | | 36 | 63 | |
| | | 13/11/16 | | 26.5 | | | 66 | |
| | | 03/12/16 | | | | | | |
| B&R | Sophie Pyatt-Pierce | 16/10/16 | | | | | | 6.25 |
| | | 13/11/16 | | | | | | |
| | | 03/12/16 | | | | | | |
| B&R | Emilia Wright | 16/10/16 | 56.1 | 26.8 | 1.74 | | 61 | |
| | | 13/11/16 | | | | | | |
| | | 03/12/16 | | | | | | |
| B&R | Matilda Stanley | 16/10/16 | | | | 36 | | 6.75 |
| | | 13/11/16 | | | | | | |
| | | 03/12/16 | | | | | | |
| WORC | Katie Harris | 16/10/16 | | 25.5 | 1.87 | | 75 | 8.50 |
| | | 13/11/16 | | | 1.92 | | 78 | 8.50 |
| | | 03/12/16 | | | | | | |
| WORC | Danielle Hopkins | 16/10/16 | | 24.2 | 2.13 | 63 | | 9.50 |
| | | 13/11/16 | | 24.3 | 2.26 | 62 | | 9.50 |
| | | 03/12/16 | | 24.2 | 2.22 | 65 | | |
| K&S | Yasmine Berrow | 16/10/16 | | 26.7 | | | 52 | 5.50 |
| | | 13/11/16 | | | | | | |
| | | 03/12/16 | | | | | | |
| K&S | Milly Gough | 16/10/16 | | 25.8 | 1.83 | | | 9.50 |
| | | 13/11/16 | | 25.9 | | 44 | | 9.75 |
| | | 03/12/16 | | | | | | 9.50 |
| K&S | Katie Morris | 16/10/16 | | 25.4 | 2.02 | 59 | | 6.25 |
| | | 13/11/16 | | 25.3 | 2.10 | 58 | | 5.75 |
| | | 03/12/16 | | | 2.06 | 58 | 68 | |
| K&S | Alannah Moore | 16/10/16 | 54.9 | | | | | 7.00 |
| | | 13/11/16 | 55.9 | | | | 61 | |
| | | 03/12/16 | 55.0 | | | | | |
| K&S | Hope Bunn | 16/10/16 | | 24.8 | 1.99 | | 73 | |
| | | 13/11/16 | | | | | | |
| | | 03/12/16 | | 25.3 | 2.16 | | | |

| Club | Name | Date | Track Events | | Field Events | | | |
|-------|--------------------|----------|--------------|------------|---------------|---------------|--------------|-----------|
| | | | 4 Lap Race | 2 Lap Race | St. Long Jump | Vertical Jump | Speed Bounce | Shot Putt |
| WORC | Sarah-Jane Ollis | 16/10/16 | | | | | | |
| | | 13/11/16 | | 24.7 | | 47 | 71 | |
| | | 03/12/16 | | | | | | |
| DROIT | Zoe Smith | 16/10/16 | | | | | | |
| | | 13/11/16 | | 28.7 | 1.51 | 30 | 55 | |
| | | 03/12/16 | | | | | | |
| B & R | Henna Khaliq | 16/10/16 | | | | | | |
| | | 13/11/16 | | 27.7 | 1.62 | | | |
| | | 03/12/16 | | | | | | |
| B & R | Grace Jarvis | 16/10/16 | | | | | | |
| | | 13/11/16 | 54.9 | 25.4 | 1.86 | | 42 | |
| | | 03/12/16 | | | | | | |
| B & R | Olivia Farquharson | 16/10/16 | | | | | | |
| | | 13/11/16 | | | | | | |
| | | 03/12/16 | | 28.6 | | 46 | 54 | |
| B & R | Vicky Johnson | 16/10/16 | | | | | | |
| | | 13/11/16 | | | | | | |
| | | 03/12/16 | 59.3 | | 1.74 | 42 | | |
| WORC | Ellie Duncan | 16/10/16 | | | | | | |
| | | 13/11/16 | | | | | | |
| | | 03/12/16 | | 26.6 | 1.76 | | | |
| | | 16/10/16 | | | | | | |
| | | 13/11/16 | | | | | | |
| | | 03/12/16 | | | | | | |
| | | 16/10/16 | | | | | | |
| | | 13/11/16 | | | | | | |
| | | 03/12/16 | | | | | | |
| | | 16/10/16 | | | | | | |
| | | 13/11/16 | | | | | | |
| | | 03/12/16 | | | | | | |

| Club | Name | Date | Track Events | | Field Events | | | |
|------|------------------|----------|--------------|------------|---------------|-----------------|--------------|-----------|
| | | | 4 Lap Race | 2 Lap Race | St. Long Jump | St. Triple Jump | Speed Bounce | Shot Putt |
| B&R | Will Thorley | 16/10/16 | 51.0 | 23.5 | 1.87 | | | 6.25 |
| | | 13/11/16 | 49.7 | 24.2 | 1.82 | | | |
| | | 03/12/16 | 50.9 | 23.5 | 1.80 | | | |
| B&R | Charlie Husbands | 16/10/16 | 59.7 | 27.7 | 1.99 | | 69 | 5.00 |
| | | 13/11/16 | | 26.6 | 1.94 | | 72 | |
| | | 03/12/16 | | | 1.86 | | 71 | |
| WORC | Sam Davey | 16/10/16 | 56.4 | 26.3 | | | 62 | |
| | | 13/11/16 | 54.8 | | | | 62 | 5.50 |
| | | 03/12/16 | 55.2 | 26.8 | | | 73 | 5.50 |
| WORC | Josh Noon | 16/10/16 | | | 1.77 | 5.59 | | 5.75 |
| | | 13/11/16 | | | | 5.38 | | 5.75 |
| | | 03/12/16 | | | | | | |
| K&S | Tom Beynon | 16/10/16 | 50.6 | 23.6 | 2.10 | | | 8.75 |
| | | 13/11/16 | | | | | | |
| | | 03/12/16 | 52.2 | 23.4 | 2.17 | | | 8.50 |
| B&R | Matt Griffin | 16/10/16 | | | | | | |
| | | 13/11/16 | 48.7 | | | 6.11 | | 6.75 |
| | | 03/12/16 | 49.3 | | 2.17 | | | 5.50 |
| B&R | Josh Keyte | 16/10/16 | | | | | | |
| | | 13/11/16 | 54.8 | | | 6.38 | 74 | |
| | | 03/12/16 | | | | | | |
| K&S | Kieran Beech | 16/10/16 | | | | | | |
| | | 13/11/16 | | 22.9 | 2.12 | | 69 | 8.50 |
| | | 03/12/16 | | | | | | |
| K&S | Tom Poyner | 16/10/16 | | | | | | |
| | | 13/11/16 | 52.6 | | 2.28 | 6.68 | | 7.50 |
| | | 03/12/16 | 49.6 | 23.5 | 2.37 | 6.88 | | |
| B&R | Harrison Mayne | 16/10/16 | | | | | | |
| | | 13/11/16 | | | | | | |
| | | 03/12/16 | | | | 5.38 | | 3.75 |
| | | 16/10/16 | | | | | | |
| | | 13/11/16 | | | | | | |
| | | 03/12/16 | | | | | | |

| Club | Girls / Boys / Mixed | Date | Paarlauf | 4 x 2 Lap |
|------|----------------------|----------|------------------|-----------|
| B&R | Girls | 16/10/16 | | 1.54.5 |
| | | 13/11/16 | | 1.45.8 |
| | | 03/12/16 | | |
| K&S | Girls | 16/10/16 | 1.50.4 | 1.40.9 |
| | | 13/11/16 | | |
| | | 03/12/16 | 1.45.7 (AM & HB) | 1.40.9 |
| WORC | Boys | 16/10/16 | 1.50.0 | |
| | | 13/11/16 | 1.47.4 | |
| | | 03/12/16 | | |
| WORC | Mixed | 16/10/16 | | 1.40.7 |
| | | 13/11/16 | | 1.42.3 |
| | | 03/12/16 | | |
| K&S | Mixed | 16/10/16 | | |
| | | 13/11/16 | 1.47.3 | 1.37.7 |
| | | 03/12/16 | | |
| B&R | Boys | 16/10/16 | | |
| | | 13/11/16 | | 1.38.4 |
| | | 03/12/16 | 1.50.5 | 1.40.2 |
| WORC | Girls | 16/10/16 | | |
| | | 13/11/16 | | |
| | | 03/12/16 | 1.48.2 | |
| K&S | Girls | 16/10/16 | | |
| | | 13/11/16 | | |
| | | 03/12/16 | 1.50.3 (KM & MG) | |
| | | 16/10/16 | | |
| | | 13/11/16 | | |
| | | 03/12/16 | | |
| | | 16/10/16 | | |
| | | 13/11/16 | | |
| | | 03/12/16 | | |